

COERVER UNITED SOCCER CAMP

June 24-28 from 9am-3pm

Heebner Park Soccer Fields

Two Camp Choices (both run 6/24-6/28 at Heebner):

- 1) **Ball Mastery Camp (Ages 6-10):** Ball Mastery camps are for players with less than 2 years of experience with Coerver Training. The focus of the Ball Mastery level is on individual skill development and our core move sets with the goal of developing self-confidence on the ball. Our core move sets are taught in a method that starts with no pressure and slowly adds the pressure of time and/or space restrictions. Then passive defensive pressure is added while working our way to full defensive pressure. This is done in a progressive training model where we are building our numbers within the game from 1v1 to 2v2 to 3v3. While, each camp day is focused on a technique or move set, first touch is consistently a major theme.
 - **Cost of Camp: \$325 (\$295 before 3/1/2019)**

- 2) **Advanced Camp (Ages 10-14):** Advanced camps are for players with 2 or more years of Coerver experience or with a technical competence with our core move sets. Advance camp players should not only “know” the Coerver Move sets but should be able to perform them at game speed. The Advanced level focuses not only on how the Coerver moves are executed, but also on the “where and when” they should be used in a game. These are the tactical decisions every player on the field must be able to make. The Advanced camps teach more complicated moves and swiftly puts players into competitive environments with an emphasis on 1v1 and 2v2 games. Players are put in many situations requiring decision-making as that is a key ingredient to advanced play. Small group tactics are taught in small-sided games featuring a fast break attacking style of play. The importance of quick transitional play is stressed.
 - **Cost of Camp: \$375 (\$345 before 3/1/2019)**

To register:

Visit <https://campscui.active.com/orgs/UnitedSoccerCoaching#/selectSessions/2554013> and select the Worcester Camp!

