

# Spring and Summer Sports 2019

## Worcester Township



### T-Birds T-Ball

A fun and highly instructional introduction to baseball for 3-5 year old boys and girls. Players learn the basics of throwing, catching, fielding, batting, and base running, and then apply what they have learned in fun, non-competitive games. Jump Start Sports staff members conduct the instruction and oversee the game play while volunteer parent team coaches assist.

**Dates:** Saturdays, April 6th - May 18th

**Time:** 9:30AM - 10:30AM

**Location:** Heebner Park

**Fee:** \$85 (includes t-shirt and MLB hat)



### Flag Football

Children in Grades K-2 will have a blast learning football basics in a fun and safe environment. Players will be grouped by age, coached at their level of understanding, and play fun, low-competition games. Players will learn the basic fundamentals skills of both offensive and defensive positions and will be introduced to speed and agility training. All equipment will be provided.

**Dates:** Saturdays, April 6th - May 18th

**Time:** 11:00AM - 12:00PM

**Location:** Heebner Park

**Fee:** \$85 (includes t-shirt)



# JUMP START SPORTS



## Summer Sports Camps

Our fun-oriented and highly instructional camps create an atmosphere that enables children to learn, grow, make friends, and have a meaningful summer experience. Each day features skill instruction in the day's themed sport, and afternoon recreational games and activities.



**Location:** Heebner Park

**Half-Day (9:00AM - 12:00PM):** \$125 a week/\$450 for all 4 weeks (ages 4-12)

**Full Day (9:00AM - 3:00PM):** \$185 a week/\$665 for all 4 weeks (ages 7-12)

### Sports Camp Kickoff (July 8 - July 12)

Kick off summer with Jump Start Sports and all your friends with your favorite summer camp games and activities! Kickball, dodgeball, capture the flag, tag games, relay races, water games and more.

### Ultimate Warrior (July 15 - July 19)

Looking for a fun fitness challenge? Age-appropriate activities specifically designed to challenge, inspire, and excite. Obstacle courses, relays, tug-of-war, and more, designed to teach cooperation and teamwork.

### College Days (July 22 - July 26)

Have a blast learning about and playing a wide variety of college sports including flag football, basketball, soccer, volleyball and more. Campers make a school pennant and t-shirt and wear their school colors to demonstrate their school spirit.

### Olympics (July 29 - August 2)

The Olympics are coming to Worcester! Children are grouped by age and divided into countries to learn about a wide variety of Olympic sports, including track and field, badminton and more. Campers make a flag to carry at the "Closing Ceremonies" and "Presentation of Medals".

**Register at [www.jumpstartsports.com](http://www.jumpstartsports.com).**

**Questions? Contact Jen Yuvan at [jyuvan@jumpstartsports.com](mailto:jyuvan@jumpstartsports.com).**

